



STOP THE ANEMIA, THIS IS NOT A FATE

KA153-YOU- Mobility of Youth Workers

22/28 OCTOBER 2025

Arrival Date: **21 October 2025**

Departure Date: **29 October 2025**



HATAY / TÜRKİYE



ABOUT THE PROJECT

This Erasmus+ project aims to promote healthy lifestyles and prevent Thalassemia through international collaboration and awareness. Its key objectives include improving public health in Mediterranean countries, supporting disadvantaged groups, and encouraging early testing to prevent hereditary transmission. Activities involve sharing international best practices, and engaging the public through seminars, and workshops.

OBJECTIVES

Mediterranean Anemia project aims to:

Raise Awareness:

Educate youth about Thalassemia, emphasizing its prevention, management, and the importance of early testing, particularly before marriage.

Improve Quality of Life:

Provide well-being guides for individuals affected by Thalassemia through better healthcare practices and support systems.

Foster International Cooperation:

Strengthen collaboration among Mediterranean countries to address Thalassemia through shared knowledge, resources, and strategies.

Learn Best Practices:

Exchange effective methods and innovative approaches for combating Thalassemia across different European regions, leveraging partner expertise.

Promote Prevention:

Advocate for pre-marriage Thalassemia testing to reduce the risk of transmission to newborns and ensure healthier future generations

PARTICIPANTS:

The target groups of the "**Stop Mediternean Anemia**" project are:

Youth Workers:

To train them in raising awareness and engaging communities in Thalassemia prevention efforts.

Participants can be from different of professions but they must be interested to work on this topic.

Healthcare Professionals:

Including doctors and nurses, to enhance their knowledge and skills in managing and preventing Thalassemia.

Disadvantaged Groups:

Individuals at higher risk of Thalassemia due to genetic factors or limited access to healthcare.

General Public:

To increase awareness about the disease, its prevention and the importance of early testing.

Participants are must be over **18 Years** old. Gender Balance is important.

Participants must present workshops about the Thallasemia Disease

Before selection of the participants ,they must fill the application form which has sent by mail to partners. After the confirmation they can be selected.

ABOUT THE MOBILITY

The mobility activity is an initiative under Erasmus+ KA153-YOU, aimed at equipping youth workers with knowledge and tools to address health-related social challenges, particularly the awareness of **Mediternean Anemia**.

Taking place in HATAY TURKIYE, **22/28 OCTOBER 2025** the activity will involve 28 participants from various partner countries (4 participants from each partner country). Through a series of workshops, interactive discussions,

participants will explore the genetic and social aspects of thalassemia, and develop prevention strategies. A strong emphasis will be placed on non-formal education methodologies, enabling youth workers to effectively engage communities in awareness campaigns. Beyond the mobility, participants will know how to implement awareness-raising initiatives in their local communities. By combining education, social inclusion, and proactive health prevention, this initiative aims to contribute to a healthier, more informed society across Europe and beyond.

ABOUT HATAY :

Hatay Province southernmost [province](#) and [metropolitan municipality](#) of Türkiye. its administrative capital is [Antakya](#) (ancient [Antioch](#)).

here you are some information links;

https://en.wikipedia.org/wiki/Hatay_Province

<https://www.top25restaurants.com/europe-gastronomy-cities/hatay-turkey/>

<https://www.chefturko.com/hatay-cuisine/>

https://www.tripadvisor.com/Attractions-g312728-Activities-Hatay_Province_Turkish_Mediterranean_Coast.html

<https://www.wunderground.com/weather/tr/hatay-province>

TRAVELLING:

TRAVEL BUDGET PER PARTICIPANT

BEFORE buying the tickets participants must to have confirmation via mail from HOST NGO !!

Traveling expenses will be reimbursed after the Project has finished in maximum 2 months time.

And participants must to have all of their traveling tickets, invoices, and boarding passes, electronic tickets and booked mails.

After finish the Project Participants must to send all physical tickets by post to host ngo adress.

Participants must attend all the sessions and workshops.

Participants must disseminate the project according to the instructions that will be given.

Not1 : Only Public Transportations are covered!!

Not2: Before booking the tickets, participants must need to get confirmation by HOST organization.

The payment of the travel costs reimbursement will be done by bank transfer in the account of the partner's organization for the whole team after we receive all original tickets. The bank fees of the transfer will be deducted from the reimbursement.

1. Flight Booking

1 checked bag or 1 cabin bag (choose one)

✗ No reimbursement for: Extra bags Bags booked after flight purchase Seats, meals, or other extras

☑ Priority boarding & reserved seats reimbursed only if: Included in a package with luggage

Package is cheaper than luggage alone

2. Travel Reimbursement :

☑ Reimbursed only with valid receipts/proof of payment

☑ Paid by bank transfer after the training

☑ Payment conditions: a.All receipts submitted b.Feedback form Completed c.Dissemination finished

☑ Based on cheapest travel option

✗ No business class —economy only

3. Transport Documents:

✗ No screenshots or mobile tickets (unless no A4 version exists)

☑ Prefer electronic A4 PDF tickets/boarding passes (check in online)

📁 Keep all travel documents safe

📄 Arrival docs → give in person during training

 Departure docs → send by post after training

Send one envelope per team if possible

 Take clear, good-quality photos before sending

4. Google Drive Submission:

 You will receive a shared Google Drive folder

 Each participant must create a personal folder inside it named:

FirstName LastName Inside your personal folder, create subfolders for each expense, named:

Type of document – Amount (€)

TOLERANCE TO ANY PLACE KA152-YOU-330F8F5B

(Example: Flight Ticket –120€) Place the PDF booking confirmation, boarding passes/tickets,

and invoices inside the correct subfolder

☒ Do online check-in before leaving Spain to avoid sending physical boarding passes by post

Regarding Project Distance Rule Travel Budgets are:

PARTNER COUNTRIES	DISTANCE KM	MAX. TRAVEL AMOUNT
LEBANON	500/1999	275 EURO
ITALY	2000/3000	360 EURO
N.MACEDONIA	500/1999	275 EURO
ROMANIA	500/1999	275 EURO
SPAIN	2000/2999	530 EURO
TÜRKİYE	0/99	23 EURO

ACCOMODATION:

Exact adress information will share soon

The lunch and dinner will be covered from the host organisation of the project. And breakfast will be at the accomodation venue
Participants can arrive two days before or/and depart two days after the end of the project, however they must cover accommodation and meals by their own budget.

PRACTICAL INFORMATION

Step1: Flight to Türkiye

Hatay has an airport (Hatay Airport)

The major airport to Hatay are Istanbul Airport (IST) and Sabiha Gokcen Airport (SAW). Other alternative are Adnan Menderes (ADS) İzmir Airport, Antalya Airport, Çukurova International Airport, Gaziantep Airport (GZT) or other airports are in Türkiye.

Step 2: From the Airports are mentioned above to Hatay Airport

İstanbul has two International Airports (Istanbul Airport and Sabiha Gökçen Airport) , the both airport has directly flight to Hatay, and There are many travel options between these airport (Istanbul Airport- Sabiha Gökçen Airport)
Usually Sabiha Gökçen has cheaper flights
There are many Bus option from İstanbul to Hatay.

Gaziantep Airport and Çukurova Airport are closest airport to Hatay ,
you can take airport bus (Havamas) public bus to Hatay.
If you want to Fly to İzmir or Antalya You need to check another flight to Hatay Airport or to Gaziantep or Çukurova Airport.

or you can take a bus from those cities to Hatay.

Emergency Contacts and Local Assistance in Türkiye

Emergency Numbers (Nationwide)

General Emergency (Police, Fire Brigade, Ambulance):

112 (Available 24/7, multilingual support)

Police Direct Line: 155

Ambulance Service: 112

Fire Brigade: 110

Project Organizer's Contacts (Local Coordinators)

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B.

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See You in Hatay!